



YES Newsletter—February 2021

Resident Excellence Award

ASCRS was founded by young, enterprising ophthalmologists and the ASCRS Foundation's Resident Excellence Awards carry on and honor that tradition. The ASCRS Foundation opened the nomination period for the 2021 Resident Excellence Award on Friday January 29, 2021!

What is the Resident Excellence Award?

The ASCRS Foundation makes ten awards each year to enable ophthalmology residents exhibiting exemplary performance in research, patient care, leadership, and education to attend the ASCRS Annual Meeting. Awardees receive a \$1,000 travel grant, four nights' accommodation and complimentary 2021 ASCRS Annual Meeting registration.

Who is Eligible for the Resident Excellence Award?

Those eligible for the award includes U.S. and international residents, who are residents in at least their second year or those currently in fellowship. Applicants must be recommended by their program director or coordinator or apply with the program director approval, which includes written recommendation.

The application nomination period is January 29 – March 1, 2021 at 5:00 PM ET. For more details or to apply, [click here](#).

All questions can be directed to ASCRS Foundation Program Manager, Jaya Minhas at jminhas@ascrs.org

Resident and Fellow Roundtables Sponsored by the ASCRS YES Committee

This monthly interactive learning experience will be led by two different ASCRS Young Eye Surgeon Committee members and will include case studies and encourage a lively discussion with all attendees engaging through video.

Please view all previous roundtables on the YES webpage:

Next up:

Tuesday, March 23, 2021 at 9:00 PM ET

Dr. Allison Jarstad and Dr. Naveen Rao

“What to do when you break capsule: Anterior Vitrectomy 101”

Registration is very limited and will open on Tuesday, March 9, 2021

ASCRS Grand Rounds

ASCRS Grand Rounds is a virtual, complimentary CME offering exclusive to ASCRS membership that brings the experience of a live grand rounds to your home or office.

We have partnered with major academic institutions to present a monthly series of virtual grand rounds, each approved for 1.0 *AMA PRA Category 1 Credit*[™]. View during a pre-scheduled time to engage live with the speakers or view previous Grand Rounds on demand at your convenience.

ASCRS Journal Club

A monthly series in which a panel of experts will discuss two pre-selected manuscripts from the Journal of Cataract & Refractive Surgery (JCRS). Nick Mamalis, MD, and Leela Raju, MD, will co-moderate these free CME sessions, open to all ASCRS members.

Ophthalmology Quicksand Chronicles

The Ophthalmology Quicksand Chronicles hosted by Cataract eye surgeons Nicole Fram, MD and Elizabeth Yeu, MD. Dr. Fram and Dr. Yeu will explore those pivotal moments that every surgeon will inevitably encounter. Every time you think you have it figured out, the eyeball humbles you. In each episode, Drs. Fram and Yeu will host an expert in the field and delve into those “quicksand” moments; more specifically, the surgeon will reflect upon the nuances and lessons learned from a surgical experience that ultimately helped them evolve as surgeons.

View episodes now on YouTube, Apple Podcasts, Spotify, and Google Podcasts

Remember you can always find additional information and resources on our website.