# PROCEDURAL REFERENCE GUIDE

Dextenza<sup>®</sup> (dexamethasone ophthalmic insert) 0.4 mg

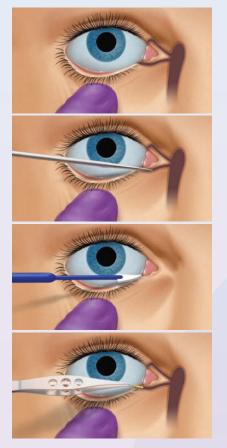
## Handling the insert<sup>1</sup>

Carefully remove the foam carrier from the foil pouch and transfer to a clean and dry area.



Dry insert dimensions<sup>2</sup>: ~0.55 mm in diameter and 3 mm in length

### Inserting into the canaliculus



**PULL** the lid temporally to open the angle of the canaliculus.<sup>3</sup>

**DILATE** the punctum thoroughly for both depth and diameter with an ophthalmic dilator. Avoid perforating the canaliculus. If perforation occurs, do not insert DEXTENZA.<sup>1,3</sup>

**DRY** the punctal area. DEXTENZA hydrates quickly upon contact with moisture. If DEXTENZA begins to hydrate before fully inserted, discard the product and use a new DEXTENZA.<sup>1</sup>

**INSERT** DEXTENZA nasally using blunt (non-toothed) forceps into the canaliculus until the distal end is just below the punctal opening. Excessive squeezing of DEXTENZA may cause deformation.<sup>1,3</sup>

#### Insertion of DEXTENZA is minimally invasive<sup>4-6</sup>

### Once inserted<sup>1</sup>

DEXTENZA can be visualized by a blue light source (e.g., slit lamp or hand held blue light) with a yellow filter

**References: 1.** DEXTENZA [package insert]. Bedford, MA: Ocular Therapeutix Inc; 2019. **2.** Data on file 00575. Ocular Therapeutix Inc. **3.** Data on file 00846. Ocular Therapeutix Inc. **4.** Walters T et al. *J Clin Exp Ophthalmol*. 2016;7(4):1-11. **5.** Minimally invasive [definition]. https://www.dictionary.com/browse/minimally-invasive. Accessed August 14, 2019. **6.** Misra A, Shahiwala A, eds. *Applications of Polymers in Drug Delivery*. Shawbury, Shrewsbury, Shropshire, UK: Smithers Rapra; 2014.

Please see Important Safety Information on reverse side and full Prescribing Information in pocket.

## STORAGE AND HANDLING

### How DEXTENZA is supplied

DEXTENZA is supplied sterile in a foam carrier within a foil laminate pouch:

- NDC 70382-204-10 Carton containing 10 pouches (10 inserts)
- NDC 70382-204-01 Carton containing 1 pouch (1 insert)

#### Proper storage and handling

Store refrigerated, between 2°C and 8°C (36°F and 46°F). Do not freeze. Protect from light, keep in package until use.

Do not use if pouch has been damaged or broken. DEXTENZA is intended for single dose only.

### INDICATION

DEXTENZA is a corticosteroid indicated for the treatment of ocular inflammation and pain following ophthalmic surgery.

### **IMPORTANT SAFETY INFORMATION**

#### CONTRAINDICATIONS

DEXTENZA is contraindicated in patients with active corneal, conjunctival or canalicular infections, including epithelial herpes simplex keratitis (dendritic keratitis), vaccinia, varicella; mycobacterial infections; fungal diseases of the eye, and dacryocystitis.

#### WARNINGS AND PRECAUTIONS

Prolonged use of corticosteroids may result in glaucoma with damage to the optic nerve, defects in visual acuity and fields of vision. Steroids should be used with caution in the presence of glaucoma. Intraocular pressure should be monitored during treatment.

Corticosteroids may suppress the host response and thus increase the hazard for secondary ocular infections. In acute purulent conditions, steroids may mask infection and enhance existing infection.

Use of ocular steroids may prolong the course and may exacerbate the severity of many viral infections of the eye (including herpes simplex).

Fungus invasion must be considered in any persistent corneal ulceration where a steroid has been used or is in use. Fungal culture should be taken when appropriate.

Use of steroids after cataract surgery may delay healing and increase the incidence of bleb formation.

#### **ADVERSE REACTIONS**

The most common ocular adverse reactions that occurred in patients treated with DEXTENZA were: anterior chamber inflammation including iritis and iridocyclitis (10%); intraocular pressure increased (6%); visual acuity reduced (2%); cystoid macular edema (1%); corneal edema (1%); eye pain (1%) and conjunctival hyperemia (1%).

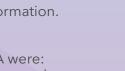
The most common non-ocular adverse reaction that occurred in patients treated with DEXTENZA was headache (1%).

Reference: DEXTENZA [package insert]. Bedford, MA: Ocular Therapeutix Inc; 2019.

#### Please see full Prescribing Information in pocket.

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